

# FULL MOON HASH GAZETTE

July 1994 Vol.2 Issue 11

This upcoming run is a joint run with Petaling Hash House Harriers. We shall be guests to our fellow Full Mooners and hares, Julie Ng and Don Cheang.

The August 21st run shall be a pub crawl run. So keep your Sunday free for lots of booze, fun and goodies sponsored by the pubs we crawl into.

As for the September event, Rema, having returned from the faraway land shall set an unforgettable and auspicious run (?).

October shall be the Deepavali gang run, followed by a committee run for the month of November. And for the finale, the Christmas run shall be set by Ted Quirk, who promised us Santa Claus goodies and songs

In the interest of providing a public service (and filling up space) we are dedicating three pages of this issues to the topic of caning. We thought this to be a relevant and timely subject as there are so many Expats in Hashing who are not familiar with the custom.

## NEXT RUN

Date: 23 July, 1994

Time: 4.30 p.m.

Venue: Kemensah Heights

Hares: Julie Ng & Don Cheang

**Directions:** From KL or PJ, proceed up along Jalan Ampang. At 4 1/2 milestone turn left onto main junction to Jalan Ulu Klang heading towards Zoo Negara. Turn right into Zoo Negara, proceed 3/4 mile and turn left over re-constructed wooden bridge. Follow hash signs to open ground.

## HASH PARTY INVITATIONS

30	July	'94	Ipoh HHH, 30 Years of Hashing
20	Aug	'94	First UK Full Moon run #50
20	Aug	'94	Kota Kinabalu Interhash (???) -RM60 before 31 July. -RM80 after, no guarantee
23	Sept	'94	Pan-Indo Hash, Indonesia
1	Oct	'94	Chicago Full Moon Run #69
15	Oct	'94	Si Rusa 10th Anniversary. RM20
1	Nov	'94	1st Brazilian Nash Hash
7	Jun	'96	InterHash 1996, Cyprus

**THE WEEK BEFORE THE WEEK THAT WAS**

REHASH RUN NO. : 237  
VENUE : Taman Sri Hartamas.

JOINT HARE : HOW SLOW  
CO-HARES : CLOG/Lai Chee Seng

This Wednesday was different from other Wednesdays. This is the first time that Batu Hash was hosting a joint run, and with Full Moon Hash.

Yours Truly arrived at the run site at 1730 hours to see quite a number of new faces. They were Full Moon Hash members and their guests. Only a small handful of Batu Hash members were present at that moment.

However, as time went by, more and more cars and hashers started to fill up the run site. Most, if not all of the Full Mooners had arrived early. It was not until almost 1800 hours before more Batu Hash members started turning up at the run site.

The OnCall was made by CAVEMAN at 1805 hours. The rowdy pack of fifty or so hashers started the paper chase heading towards the regular in-trail. We ran across the main road connecting Damansara to Jalan Duta, and then towards the abandoned road running parallel along the former.

The first check greeted us, and soon calls of OnOn were heard on the right. Paper led us into a familiar trail between abandoned rubber trees. This trail was extensively used by a equestrian club in the vicinity, as evidenced by the numerous horse-shoe prints clearly visible along the trail.

Paper eventually led us to the familiar small water fall to enable us to cool ourselves down after a gruesome 2 - 3 kms. climb. A lot of hashers could not stand torture and took the opportunity to have a short break. Later, I was made to learn that a substantial number of Batu Hash members SCBed back home.

Inevitably, paper led us to the abandoned road that bridged Taman Tun Dr. Ismail to Taman Sri Hartamas. The home trail then connected the in-trail which ultimately took us back to the stout wagon.

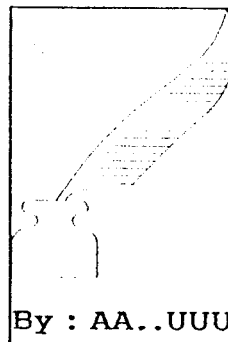
One of the Co-Hares, Paul Lai informed Yours Truly that I was the first runner from Batu Hash but the seventh overall, out on paper (So, did he give you any prizes? - Ed.).

It is an unwritten rule in Batu Hash that only Guinness Stout would be served at the run site on each and every Wednesdays. However, because the Full Mooners drank Anchor, this mild brew was also available. So was 100-plus and other soft drinks.

When the Grand Master took to the box, he made ALL committee members of Batu Hash who had consumed beer, to sit on ice. No one was spared.

Guests : Janet, Rema, Eileen, Keith Burley,

Uncle  
 Freddy,  
 Charlie  
 Chandran,  
 Titanic,  
 Danny  
 McBride,  
 John F,  
 Geoff  
 Plant,  
 Patrick



Coyle, Roger Greyson, Roy Olive, Pola Singh, Alistair Peter, Fuckawee, Graham, John Holmes, Noreen, Charile's girlfriend, Diane Williams, Balan Nair, Sarkurr, Dr. Roy, Satchi, Biliwi Singh, Che Wan, Nickol, Thiru, Jaswant, Dolly, Petrina, Dennis Khoo, Richard Moss, Opera, Joanne, Landlady, Margaret, Philip, Chris Tan, Tractor Chew, Pauline, Susan, Winn Chiew and Steven Mah.

Acknowledgement

A big hand and a 1,000 thanks to GM CAVEMAN for sponsoring the food and barbecue dinner for the Double OnOn. Without his assistance, both financially and morally, it would have definitely costs us an arm, two legs, three kidneys, half a brain, one lung and some ribs to cater for this run. Also to AAUUU, HOW SLOW, TITANIC and CAVEMAN for co-sponsoring the lovely T-shirts.

(The guests list is published in this instance to fill up the page)

AA....UUUU

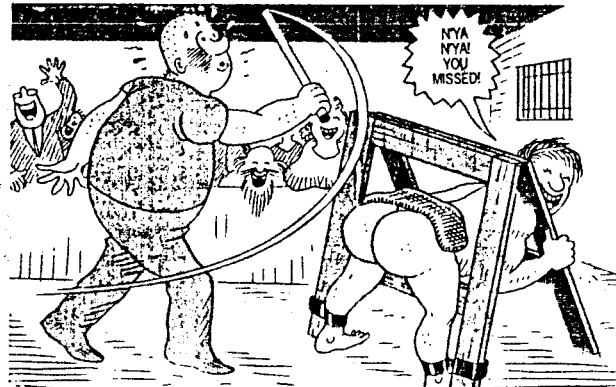
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**TOO THICK AND LONG**



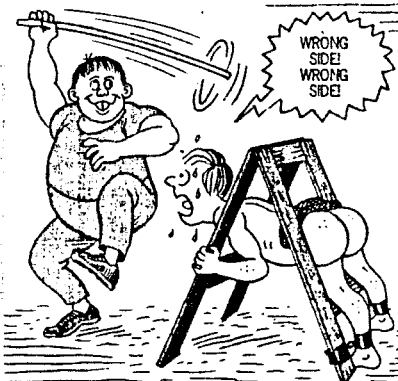
A cane that is too thick and long increases the danger of wrecking everything by exerting greater force.

**TOO SHORT AND THIN**

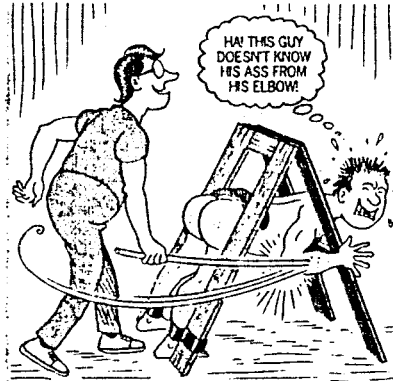


A cane that is too short and thin increases chance of missing completely and embarrassing the caner.

**BAD CANING**



Not all canings work out rewardingly. Here are some hazards that result from poorly trained caners.



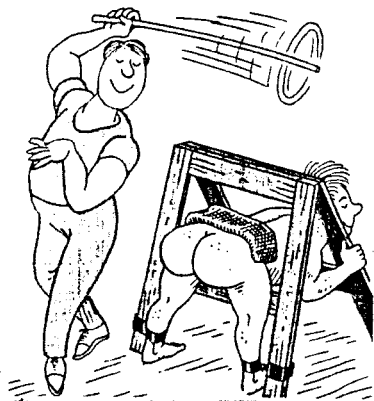
Inept caners don't know the difference between one thing and another and repeatedly hit victims in wrong area.



Totally spastic and myopic caners deliver the ultimate in caning low blows, embarrassing everyone.

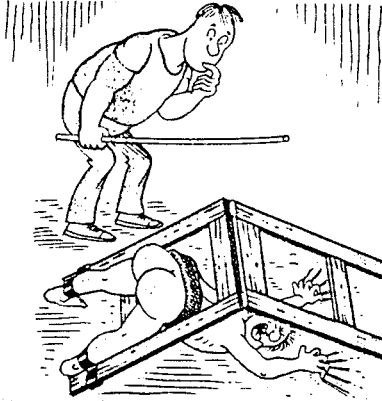
Design and construction must be precise to work effectively. Of particular importance is spacing of legs and weight of wood used.

**PERFECT LEG SPACING**



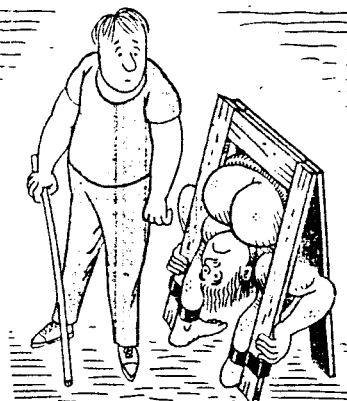
Perfect rack leg spacing makes victim comfortable and gives the correct angle for caning.

**LEGS TOO FAR APART**



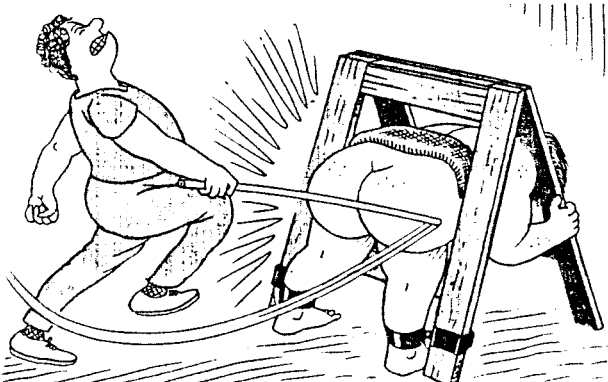
Rack legs too far apart denies the victim a handhold and fingernails are ruined as he tears at cement floor.

**LEGS TOO CLOSE**

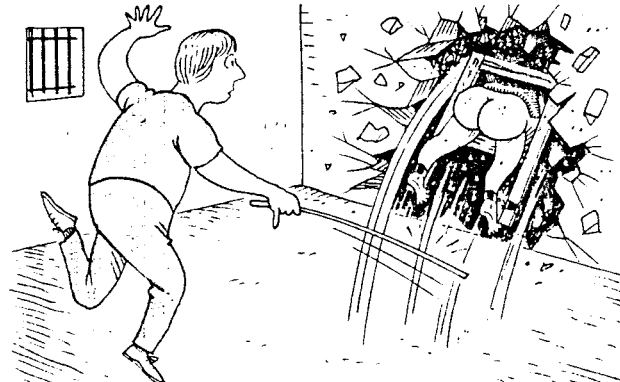


Rack legs too close together contort victim so that his face comes into a position to receive many blows.

**RACK WEIGHT AND STRENGTH**



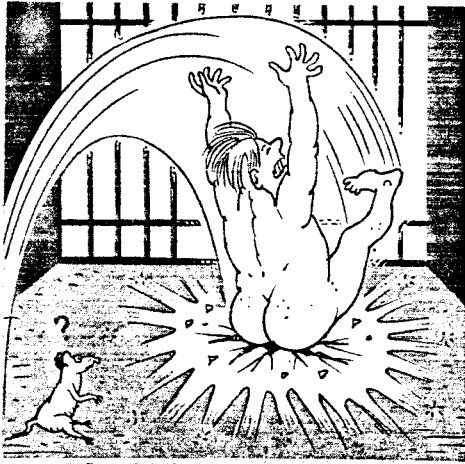
Rack must be heavy enough to support heavy victims and remain steady regardless of how much force is exerted by cane blows.



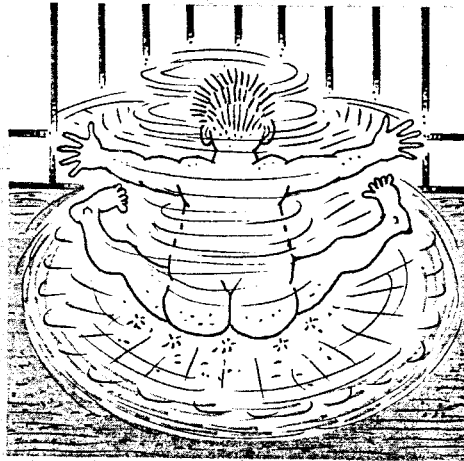
A light rack barely supports the victim who goes flying from even a tiny whack.

# PRE-CANING BUTT-HARDENING AND CALLOUS-BUILDING EXERCISES

While waiting for his caning date to arrive the wise prisoner will involve himself in some basic preparatory exercises.



Leaping in the air and landing on bare butt. *50 times daily.*



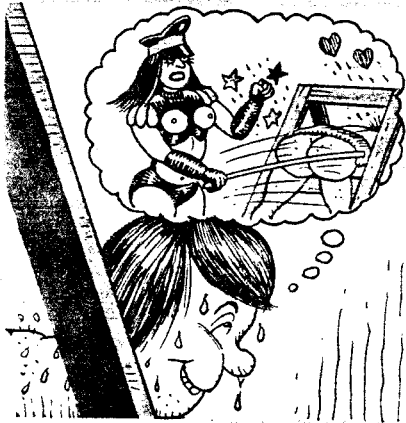
Bare butt spins on bare cement floor. *75 times daily.*



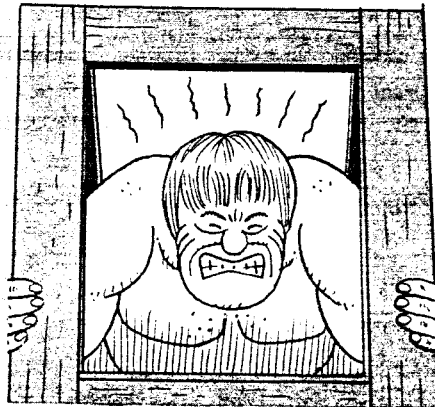
Bare butt backward run into steel cell door bars. *100 times daily.*

## ENDURING CANING PAIN

Mind and self control can effectively reduce feeling of pain.

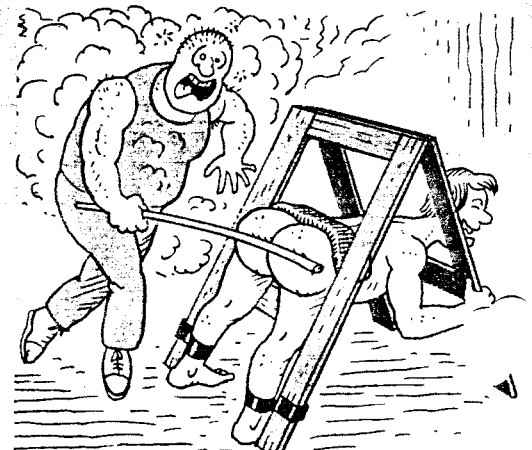


Pretend to be a masochist and actually experience sexual pleasure from caning.



Grit teeth and tighten cheeks. (Not the ones on your face, dummy!)

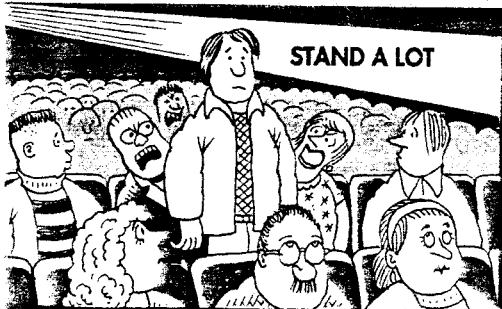
## CANING REVENGE



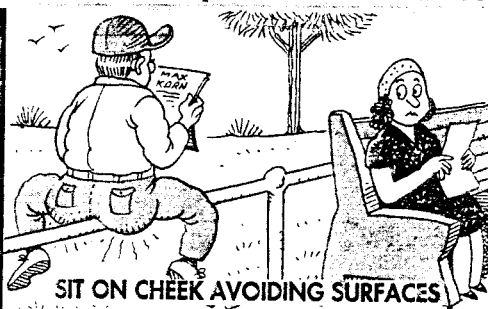
While not equal in discomfort, the prisoner can extract a small measure of revenge by passing wind just as the cane arrives.

## REHABILITATION AFTER CANING

Though the scars may last forever, the pain won't. The pain will start to subside after a year or two. In the meantime, here are some tips to make life easier while recuperating.



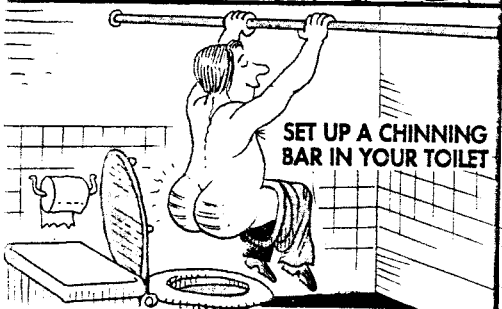
STAND A LOT



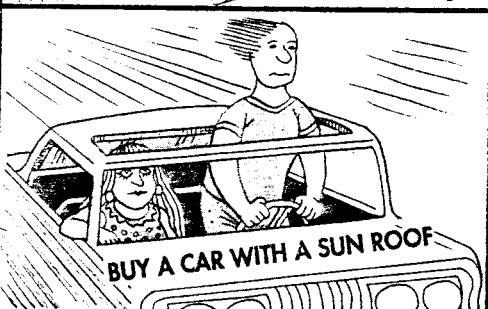
SIT ON CHEEK AVOIDING SURFACES



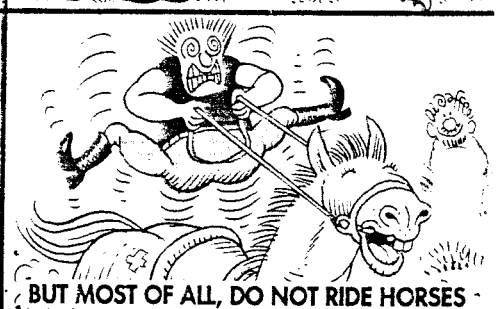
AVOID PLAYING SOCCER



SET UP A CHINNING BAR IN YOUR TOILET



BUY A CAR WITH A SUN ROOF



BUT MOST OF ALL, DO NOT RIDE HORSES

# his fears about making love

A study has revealed men's worst fears when it comes to lovemaking and how women can help their partner overcome these hang-ups.

**m**aking love should be the greatest pleasure in the world. But millions of men have serious fears about sexual intercourse that can often turn the joys of lovemaking into nights of agony.

Women believe that men just want to have sex, and preferably good sex, as often as they can. And, in the case of single men, women believe they want it with as many partners as they can get.

But a new survey in America has shown that, like women, men are actually concerned about having monogamous relationships that are emotionally and sexually satisfying. Because men want to please their partner so much in bed, it can lead to male sexual hang-ups which hurt their lovemaking sessions and ultimately damage their relationships.

Perhaps being aware of men's fears and what women can do to stop them can help save relationships.

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put an emotional distance between them and their partners. If you want intercourse to last longer, ask for more of it without mentioning a specific amount of time. Tell him: "I'd really enjoy more foreplay." Maybe we would all have more fun in bed if we turned the bedroom clock towards the wall while we made love.

#### **I'm bad in bed if she doesn't have multiple orgasms.**

The message that women *could* have more than one orgasm became women *should* have more than one orgasm. As comfortable as women are with one orgasm, many men aren't satisfied with that. It's difficult convincing men they aren't responsible for their orgasms and

#### **I think my penis is too small to satisfy her.**

A man's sexuality, his entire manhood, is embodied in his penis. How can a man feel good about himself if he doesn't feel good about the size of his penis? You can help him overcome his insecurities about penis size by ignoring the issue. Don't tell him he's big in an attempt to reassure him because it will only draw his attention to his worries and make him more self-conscious. Make love to all of him, and tell him how good the lovemaking feels.

#### **I don't know how much foreplay she needs.**

Most men understand that the majority of women need direct clitoral stimulation to reach orgasm. A man probably feels he should know how to touch you and help you climax. When he doesn't, he thinks he has failed. Give him direction, but make it as non-verbal as possible. Instead of stimulating yourself during intercourse, take his hand and guide him in the movements that please you.

#### **I'm worried about maintaining a complete erection.**

When a man has erection problems, resist the temptation to focus all your erotic attention on his penis. Many women try to excite a penis that seems too soft, but that often fails because he feels under too much pressure to respond. Try encouraging him to please you instead, guide his hands or mouth to where you would like

them to go. Your passionate response is more likely to stimulate him than all your best efforts to arouse him.

#### **I think my partner is faking her orgasms.**

Women sometimes fake orgasms simply to relieve the pressure put on them when men are trying to help them climax. He thinks that if you don't reach orgasm, he isn't a good lover. You don't want to hurt his feelings so you lie. Be honest without placing the blame on him. Say you didn't have an orgasm because you were too tired or too preoccupied to let yourself completely go. But say you enjoyed the intimacy and the touching.

#### **I don't know if I'm making love long enough for her.**

The habit men appear to have of being so numbers oriented about orgasms, the length of foreplay and intercourse can

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ours. If you're content with the status quo, tell him so. But if you're interested in intensifying, prolonging or multiplying your climax, you will probably have no trouble enlisting his aid.

#### **I want her to help me spice up our sex life.**

Sexual variety is number two on the wish list. Dullness is death to an erection. Some men like to see themselves as sexually adventurous, and many others believe they are the ones responsible for sexual entertainment in the same way they feel responsible for picking up the dinner cheque. When he asks you to make love on the dining room table, he's thinking of how he can make sex hotter, not how to embarrass you.

#### **I'm too embarrassed to ask her to touch herself.**

When a man asks his woman to excite herself, he is asking her to star in his private exotic fantasy, to participate in what he sees as an ultimate act of intimacy. He's also asking her to share something that she may regard as private instead of intimate. Certainly, a man will learn how you like to be touched by watching you touch yourself. But if you're uncomfortable doing it while he's watching, simply tell him you feel too self-conscious. —IPS